

Hymns, Readings, and Collect

Opening Hymn: Forty days and forty nights

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled.

Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

Shall not we thy sorrows share,
and from earthly joys abstain,
fasting with unceasing prayer,
glad with thee to suffer pain?

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at th'eternal Eastertide.

Aus der Tiefe 67 NEH

The Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness, so may we know your power to save;
through the same Jesus Christ, your Son, our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The New Testament Reading

A reading from the letter of St Paul to the Romans.

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

Romans 5: 12–19

Thanks be to God.

Gospel Acclamation: Bless the Lord, my soul

Bless the Lord, my soul, and bless God's holy name.

Bless the Lord, my soul, who leads me into life.

Taize Community

The Gospel

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to St Matthew.

Glory to you, O Lord.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' '

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' ' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' '

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.'

Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' '

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

St Matthew 4: 1–11

Praise to you, O Christ.

Offertory Hymn: Before the throne of God above

Before the throne of God above
I have a strong, a perfect plea;
a great High Priest, whose name is Love,
who ever lives and pleads for me.
My name is graven on his hands,
my name is written on his heart;
I know that while in heaven he stands
no tongue can bid me thence depart,
no tongue can bid me thence depart.

When Satan tempts me to despair,
and tells me of the guilt within,
upward I look, and see him there
who made an end of all my sin.
Because the sinless Saviour died,
my sinful soul is counted free;
for God, the Just, is satisfied
to look on him and pardon me,
to look on him and pardon me.

Behold him there! the risen Lamb,
my perfect, spotless Righteousness;
the great unchangeable I AM,
the King of glory and of grace!
One with my Lord, I cannot die;
my soul is purchased by his blood;
my life is hid with Christ on high,
with Christ, my Saviour and my God,
with Christ, my Saviour and my God.

Before the Throne of God 598 AM

Anthem: Call to remembrance, O Lord

Call to remembrance, O Lord, thy tender mercy:
and thy loving kindness, which hath been ever of old.
O remember not the sins and offences of my youth:
but according to thy mercy think thou on me, O Lord, for thy goodness.

*Richard Farrant (c 1530–80)
Psalm 25: 5–6*

Communion Hymn: Just as I am

Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings within, and fears without,

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,

Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,

Just as I am (thy love unknown
has broken every barrier down),
now to be thine, yea, thine alone,

Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,

Saffron Walden 294 NEH

Dismissal: Praise to the holiest in the height

Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against their foe,
should strive and should prevail;

and that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
in Man for man the foe,
the double agony in Man
for man should undergo;

and in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways.

Gerontius 439i NEH