

Hymns, Readings, and Collect

Opening Hymn: Glorious things of thee are spoken

Glorious things of thee are spoken,
Sion, city of our God;
he whose word cannot be broken
formed thee for his own abode:
On the rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.

See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove:
Who can faint, while such a river
ever flows their thirst to assuage?
Grace, which like the Lord the giver,
never fails from age to age.

Saviour, if of Sion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name:
Fading is the worldling's pleasure,
all his boasted pomp and show;
solid joys and lasting treasure
none but Sion's children know.

Abbot's Leigh 362ii NEH

The Welcome, Prayers of Penitence, and Gloria

The Collect

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The New Testament Reading

A reading from the letter of St Paul to the Ephesians.

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

Thanks be to God.

Ephesians 4: 1-16

Gospel Acclamation: O taste and see

O taste and see how gracious the Lord is: blest is the man that trusteth in him.

Ralph Vaughan Williams (1872–1958)

The Gospel

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to St John.

Glory to you, O Lord.

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

This is the Gospel of the Lord.

St John 6: 24–35

Praise to you, O Christ.

The Sermon

The Creed:

Let us declare our faith in the living God.

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen.

The Prayers of Intercession, & The Peace

Offertory Hymn: Take my life and let it be

Take my life, and let it be
consecrated, Lord, to thee;
take my moments and my days,
let them flow in ceaseless praise.

Take my hands, and let them move
at the impulse of thy love;
take my feet, and let them be
swift and beautiful for thee.

Take my voice, and let me sing
always, only, for my King;
take my lips, and let them be
filled with messages from thee.

Take my silver and my gold;
not a mite would I withhold;
take my intellect, and use
every power as thou shalt choose.

Take my will, and make it thine:
it shall be no longer mine;
take my heart: it is thine own;
it shall be thy royal throne.

Take my love; my Lord, I pour
at thy feet its treasure-store;
take myself, and I will be
ever, only, all for thee.

Sunday 4 August 2024

Tenth Sunday after Trinity

Hymns, Readings, and Collect

Anthem: Ave verum Corpus

Ave verum Corpus, natum de Maria Virgine
vere passum, immolatum, in cruce pro homine.
Cujus latus perforatum unda fluxit sanguine.
Esto nobis praegustatum in mortis examine.

O dulcis, O pie, O Jesu, fili Mariae,
miserere mei. Amen.

*Hail, true Body, born of the Virgin Mary,
who truly suffered upon the cross for mankind.
From whose pierced side came forth water and blood.
Give us now, and at the time of our death, yourself to
be our food.*

*Gentle, holy Jesus, Son of Mary,
have mercy on me. Amen.*

*William Byrd (c 1540–1623)
St Thomas Aquinas (1225–74)
Gradualia 1605*

Communion Hymn: Bread of heaven on thee we feed

Bread of heaven, on thee we feed,
for thy flesh is meat indeed;
ever may our souls be fed
with this true and living bread,
day by day with strength supplied
through the life of him who died.

Vine of heaven, thy blood supplies
this blest cup of sacrifice;
'tis thy wounds our healing give;
to thy cross we look and live:
thou our life! O let us be
rooted, grafted, built on thee.

Bread of heaven 276ii NEH

Dismissal: Let all mortal flesh keep silence

Let all mortal flesh keep silence
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.

King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture,
in the body and the blood:
he will give to all the faithful
his own self for heavenly food.

Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of light descendeth
from the realms of endless day,
that the powers of hell may vanish
as the darkness clears away.

At his feet the six-winged seraph;
cherubim with sleepless eye
veil their faces to the Presence,
as with ceaseless voice they cry,
Alleluia, Alleluia,
Alleluia, Lord most high!

Picardy 295 NEH